

Old World Tradition Revived

Los Alamos residents of Slavic descent will gather to observe a traditional custom once common in their homelands.

The blessing service for Easter foods will take place at 3 p.m. Easter Saturday, April 14, at Immaculate Heart of Mary Catholic Church. The service comes from the Ukranian Byzantine Rite and ends with an old Polish blessing. Rev. Chester Kazek will lead the prayers.

In the past, before Communist rule, religious celrebrations in the Slavic countires of Eastern Europe were community celebrations, according to Los Alamos resident Stephanie Sydoriak. The varied cusstoms have all but disappeared, along with the accompanying crafts, dresses, dances and music, Sydoriak continues. Where emigrants and refugees resettle, the customs sometimes reappear.

The blessing of Easter baskets is a costom common to most Slavic cultures. Easter dinner food is prepared in advance, placed in baskets and brought to church for a communal blessing service. After the Easter morning ressurection mass, the foods are usually eaten cold in honor

of the Holy Day when the woman of the house is entitled to a rest from her usual labors.

The basket is lined with the family's prized embroideries and filled with many foods including a richly decorated egg bread, called Paska, and wine, symbols of Christ's promised presense among his necole

Other foods included in the basket vary according to custom. When lamb is included, it is in commemoration of the lamb decreed for the Passover. In other areas, ham is a traditional symbol of change from the "old law" to the "new law."

Circles of sausage are inteded as reminders of the circles to which people belong — family, country and shared faith

Every food brought to the blessing ceremony has a special significance. Horseradish symbolizes the bitterness of the Jewish exodus. Salt is a reminder of the taste of the tears of exiles.

Butter and sometines pot cheese are included in the basket. Since dairy products are forbidden throughout Lent, these items are especially anticipated.

Tucked in among the foods are colored hard-boiled eggs.

The eggs are blown out and elaborately decorated with Easter symbols.

In a traditional Slavic home, the eggs represent Christ's tomb and the promise of new life, and a slice from these eggs is the first food eaten on Easter Day.

The empty, decorated eggs are symbols of the ressurection. Making the eggs begins weeks in advance. The process for creating intricate designs on the eggs is similar to batik. The eggs are dyed several times with the lighter tones, then covered with wax before a darker dye is applied. The craft is still practiced extensively among Ukranians in the United States and Canada.

Los Alamos families with roots in Ukraine, Poland, Bulgaria, Czechoslovakia, Bohemia and other Slavic countries will be decorating baskets for the Saturday service.

These families invite everyone to the blessing service which pays tribute to the "Silent Church" behind the Iron Curtain.

(EDITOR'S NOTE: Information for this article was submitted to the Monitor by Los Alamos resident Stephanie Sydoriak.)

The past 100 years

From The Santa Fe New Mexican:

January 23, 1908: Asst. U.S. Atty. Edmund C. Abbott returned last evening from Alamogordo where he appeared for the government at the preliminary hearing of five Chinamen who had been arrested for violation of the exclusion law. All five were ordered deported.

January 23, 1958: Sputnik II will be visible here twice tonight. The Los Alamos Moonwatch team, which has consistently computed the exact correct orbit of the dog-bearing Russian satellite, reported it would soar over New Mexico skies at 6:12 p.m. low in the eastern sky and the second time at 7:51 p.m. low in the western sky. Both passes will be from north to south.

January 23, 1983: Los Alamos — A new fastener that will be a boon for connecting fluid lines has been patented by Joseph Petranto of Los Alamos National Laboratory's weapons engineering group. The fastener is spring-loaded to open and close securely around fluid lines. It also can slide easily over bent tubing.

Ukrainians gather in Los Alamos

By FAITH STEPHENS For The Monitor

Good wine, good coffee and good conversation flowed on Sunday, Sept. 29, when a group of Los Alamos people and their friends met to renew their Ukrainian roots.

The annual affair started about 17 years ago when two sisters realized that their mother needed more social life and was homesick for her own language. Anna Chopek and Stephanie Sydoriak decided a party was in order.

They invited everyone they knew or could find who was Ukrainian.

"We took the phone book and went down the list. If a name sounded as though it were from there, we called them up," said Anna. "Mother had a great time and so did everyone else."

The next year, people began calling to find out when there would be another gettogether. After that, it was just an accepted fact that there was going to be a party.

This year, about 30 people met at the home of Joseph and Irene Bubernak. Everyone brought their favorite Ukrainian dish to share. There were two kinds of borscht (both delicious), potato and cabbage perohe, kobasa, xhrin (horseradish beets), and liver pashtet. There were breads, salad, paska and desserts; it was one of those affairs where food is eaten slowly and every bite savored.

One woman, who is in Los Alamos with her son and daughter-in-law, made delicate dinner rolls with a vegetable filling: a readymade sandwich! They were served warm and disappeared almost as soon as they were put on the table.

People visited back and forth and remembered times when they were younger and lived in Ukraine. Ihor Bohachevsky had gone back to his homeland for a visit recently, his first since he was 18 years old.

"The old gymnasium (high school) I attended was still standing. So was my grandfather's home, but it had been turned into apartments and didn't look the same," he said

Several of those attending were in the United States for a limited time while they worked on projects at Los Alamos National Laboratory. They brought up-to-date information on the country, the politics and how things are changing – not always for the best.

Though very few of these people were related, a feeling of family and closeness permeated the afternoon sunshine. Leaves were drifing down, the last blooms of the season were vibrant, and children ran and played hide-and-seek around the bushes.



Photo courtesy of Faith Stephens

Stephen Sydoriak, Stephanie Sydoriak, Katherine Lawrence and Anna Chopek at Sunday's gathering

This was a chance to renew friendships, make new acquaintances and to expose their children to their native language and customs in an extended-family atmosphere not readily available.

Those who were only visiting in the U.S. had an opportunity to converse with others

who understood them and whom they understood easily.

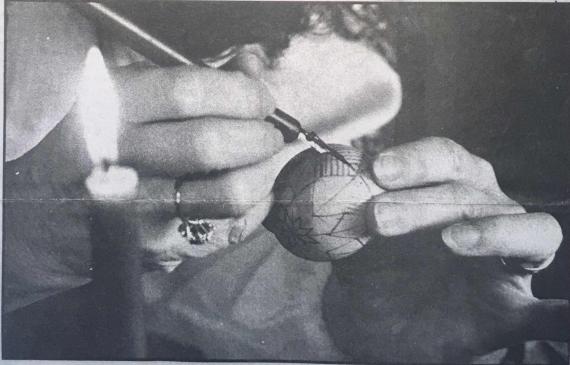
The Sydoriaks and their daughter, Katherine Lawrence, attended in traditional dress. Anna Chopek wore an embroidered blouse, as did several others, bringing a touch of Ukraine to autumn in New Mexico. The lazy fall day seemed a perfect setting.

Shortly after 5 p.m., people gathered up their card tables, dishes and leftovers and headed for their homes in Los Alamos and Santa Fe. Once more they felt renewed and at one with their families so far away.

It was a good day.



Anna Chopek will demonstrate the pysanky technique of egg decoration. She is shown here working on eggs with Ulana Kebalo-George. The Sunday event will also include folk music and dance.



AL CABRAL/Monitor

Easter Jewels: Decorated eggs an ancient tradition in Ukraine

originally publishd in 1998. long-time Monitor contributor Faith Stephens, was This article, written by

ored eggs and shrieks of Sunday morning. Children little boys in new suits, Mom every year! aughter fill the air. It happens comb the fresh grass for colheir own, all parade on Easter and Dad in a bit of finery of Little girls in new dresses,

significance of the season, were did it all start? But aside from the religious

ed a way to cope with them. ders and primitive man needwere many unexplained wontoms were in effect even in ore-Christian times. There ures show many of these cus-Studies of Old World cul-

orbs has become not only a Decoration of the snow-white tradition but an art in that

with Los Alamos when she shares some of that tradition ka, as the beautiful eggs are presents a workshop on pysan-Each year Anna Chopek

or has a meaning of its own, and each egg is made for a eggs are not decorated ranspecial purpose. domly; each design, each col-According to Chopek, these

Originally eggs with white backgrounds were placed on the egg is meant for a child allowed to show in the final purity and often much of it is product, particularly when The white shell represents

graves of young children.

begun in Ukraine, but it has moon and stars and insured a existed there for centuries. good harvest; green was the sky, magic and good health; orange represents power - the and provided protection from color of spring; blue stood for that honored older people and white was used for eggs list. A combination of black sun; and on through the long

moon and stars, birds, hearts, which were given to older peoeggs with ladders and gates, and crosses. There were also truits and vegetables, insects, ple to represent the gates Designs included the sun

Although a world apart, it is

Please see EGGS B2

Basket Blessing

public and all those of Slav-ic ancestry are especially church. It is open to the April 19 in front of the invited to attend. place at 3 p.m. on Saturday, ing ceremony will take This year's basket bless-

Ukranian Egg Class

Chopek and Stephanie be held at the BESC (Senior Sydoriak. Call 662-8922 to Center) at 1 p.m. April 9. Instructors are Ukrainian Easter Eggs will A class on decorating



and designs. Chopek and her sister, Stephanie Sydoriak, will offer a class in egg decoration UKRANIAN TREASURES These eggs were decorated by Anna Chopek, using traditional methods

Los Alamos poet Stephanie Sydoriak travels the 'Inside Passage

By SAMANTHA BERES

ak sat down to put her book of of them from herself. Maybe she paper, in files, in drawers. It was where poems together, they were everyhad. One of her poems entitled almost as if she had hidden some "Bones" starts out: When poet Stephanie Sydorion scrap pieces of

store bones in loam or mold. the way dogs store poems

span a lifetime of writing and spread about because they reflection. "Inside Passages" is Or, perhaps her poems were draws me back distressea. I dig the fields Then some primeval need

the reader up to the present. riage and children, and brings through her life of love, marpoems about her family and autobiography that starts with childhood in Boston, moves The collection is also an

published poems.

Sydoriak's first collection of

they were finished, but I had to come to a point where I knew Sydoriak, smiling. get them out of the house," said back when I was 20 and I had read it.' I started some of these these covers and no one will thought, Good, it's between "When I put it in a book form

who has been through so much. She smiles a lot for someone medium build and is quite fit. and fine, whitish hair, is of smile. She has soft blue eyes "I had to relive various expe-Sydoriak has a beautiful

touch on difficult experiences the same time, a rollercoaster." "It was also a great joy, but at her poems between two covers. riences," she said about putting Many of Sydoriak's poems

and strength of the girl: first lets the reader feel the joy conjure up images. The poet In her poem "Mary" she brilliantly uses very few words to murder of her daughter Mary. she's endured, including the



SAMANTHA BERES/For the Monitor

sage." Published this year, the book is available from the Historical Society Bookstore. INSIDE PASSAGE Local poet Stephanie Sydoriak poses with her new book of poems, "Inside Passtraint in poetry and there's

urgent, golden-haired,

things today; demanding we resolve all

will send shivers up your spine: poem ends with one line that in the next two stanzas and the fleshes out Mary's personality There is more imagery that chapter of their own titled

woman-

and the four of them are in a bullet forever.
Three poems follow "Mary," stilled by his unequivocal graceful, sages." The styles, the formats way with others." This is one of total freedom," said Sydoriak. the nice things about "Inside Paswith some poems and another "I'm not consistent. I go one way

not all tragic. "There is con-"The Grieving Begins 1977." The poems in this book are bringing emotions to the surand the stories, vary greatly. Sydoriak is a master at

sion, and taught piano for 35

meant to be her real profeswhich she said was probably

about Mary. She is also good at sive hot summer day in Boston drumming up the senses. In - cars filled with families makpoems, she describes an oppres-"Summer," one of her earlier

sure of the heat in that poem," ing their way to the beach. "I wanted to feel the pres-

spent a summer on the humid page, even if a reader has never she said. East Coast. The thickness seeps off the

entry is a love poem, "The enters the picture. The first and marriage, her husband be husband. between she and her soon-totime to capture a moment Quincy Quarry," and she stops In Sydoriak's chapter on love

to the still, glacial water. of tombstone planes spread below us. and a silver shimmer Silence down the cooling path The Quincy Quarry You led me

cut the crystal face Our sun-hot bodies into countless blazing facets

past this. mindless of time and living water weightless between light We hung

physics at Yale. went to graduate school in just as the war ended and both development. They married while he was working in radar beginning of World War II, She met her husband at the

She joked that "he got the Ph.D. and I got the two kids." things turn out the way they do." me to just stay and finish, but She added, "It never occurred to

os in 1948. She not only German and French. was a translator of Russian, brought up six children, but Sydoriak came to Los Alam-She became a piano teacher,

years. Along the way, she wrote poetry, even though she said just sit down and write. she didn't have much time to "The Quincy Quarry"

is heart wrenching to revisit cult because once you have beautiful upon first reading. Alzheimer's Disease, the poem know that her husband has read the whole book and you beautiful and difficult. Upon second reading,

though he has not died the loss of her husband even tells of how she had to mourn The last chapter of her book

you [emotionally]," she said. ing his love for me ... it stretches see him smiling at me and showpeople are still alive. Yet when I'd The last poem in the book "There's a death, even when

about Sydoriak's 50th wedding about the poem. In the final doing with him," that all of these things I loved anniversary. "I just realized "Fifty Years: The Cruise" lines she writes:

cheeks, Do you remember, I'm star-Wind-tears spill down our

speaks a smile tled to ask, if you love me? His face

is personal is almost an under-To say that Sydoriak's poetry and he whispers, I do,

just for yourself," she said. may be her attitude toward to be something universal not somewhat puzzled and it has feel a poem - you should be poetry: "I want to completely resist opening up to her. you, and you won't be able to statement. She opens up to

Sydoriak's book without heavy selflessly and is ready to share. sighs in response to beautiful without shedding tears. She has written about her own life You will not get through words and many goosebumps. Readers won't get through

stage of my life I don't have ... when you let go. like the last stage of breathing concern for privacy. It's kind of She said smiling,

Ukrainian Scientist Wins Acclaim



Rr. & Mrs. Sydoriak, attired in Ukrainian national costumes, at one of the recent cultural programs in far-away Los Alamos, New Mexico.

One of the scientists who re- involves the use of an intricate Scientific Laboratory, is a Ukrainian American, Dr. Stephen G. Sydoriak.

Dr. Stephen Sydoriak is the son of Catherine Sydoriak and the late Rev. Eustace Sydoriak (a Ukrainian Catholic priest whose last parish was Lancaster, New York). He was graduated Phi Beta Kappa from the University of Buffalo, receiving his B.S. degree in 1940, his M.S. degree from Yale in 1946 and his Ph. D. from Yale in 1948. He is married to Stephanie Chopek - Sydoriak (the sister of UNA Supreme Advisor Anna Chopek) who received her B.S. in vdoriak are members have six children.

The new Los Alamos scale hibits.

cently won world-wide acclaim equation by which temperafor his work with two other tures can be determined to a colleagues in deriving a Hel- few ten-thousandths of a degree. ium-3 Temperature Scale in This scale has been in use at the Los Alamos, New Mexico several U.S. laboratories for almost a year, and on October 9, 1962, at a meeting of the International Committee Weights and Measures, held in Paris, France, its use was recommended for general worldwide use.

> Dr. Stephen G. Sydoriak, together with two of his colleagues, was acclaimed some time ago for being the first scientisits to liquify Helium-3. He has authored some twenty papers published in scientific publications, and has had sixteen papers presented before Inernational scientific conferences.

Dr. and Mrs. Sydoriak's hob-Physics from Northeastern U- bies include Ukrainian dancing, niversity in 1945. Dr. and Mrs. and they have appeared freof quently in Los Alamos, New Branch 307 of the UNA, and Mexico with Ukrainian dancing programs and Ukrainian ex-

Decorating Eggs the Ukrainian Way

Ukrainian Women demonstrate the art of coloring eggs by wax resist process

ing someone an Easter card, give them a Ukrainian haster card — a colorful

That's the tradition from people whose families date back to the "old country."

\ little bit of history of the Ukrainian Easter egg plus a demonstration of the art of making them was presented recently at a Garden Club meeting.

Ukrainians Stephanie Sydoriak, her daughter Kathryn Lawrence and Gloria Riepe showed the audience the process of covering uncooked eggs with wax, adding them to a dye bath, using resist to hold the

"It is a lot like batiking, only you use eggs," Gloria

origin, mostly a Spring tradition, though they are painted year-round.

"It is a traditional thing you learn as you grow up, Stephanie said. She learned it at a young age and taught it to her children when they

were young.
Patterns can be original or may be ordered from companies which have many traditional designs, many of which symbolize different greetings or wishes for long life, love or hap-

Special dyes are used containing analyn to provide intense colors so the dye will

Beeswax is used to protect the colors or to retain the egg shell color.

Wax is applied by using a speedball pen or some in-strument which can hold Elaborate designs painted strument which can hold on the eggs are of Ukrainain the wax for application in



ial edi

fine detail and lines.

Though they may have designs in mind or on a card, no pattern is drawn onto the egg.

You really have to have

the idea down in your head before you do the egg," Kathryn said. "If you make a mistake, then it is easier to change the design," she added.

Coloring the eggs is a natural for the three American-born Ukrainians and some of their creations may take ten hours to com-

plete. When all the dyeing is

completed, the wax must be removed. Kathryn demonstrated that this can be done by holding the egg close to a candle, wiping the way as it melts.

Gloria demonstrated a faster way of using paint

When the colorful eggs are finished, then the egg must be blown by punc-turing a small hole on both ends and blowing the egg out. Because of the chemicals in the dyes, the eggs should not be used for





Clockwise, from upper left: Stephanie explains the process while Gloria applies wax to an egg and Kathryn removes wax.

Hill group dye Ukrainian egg



Connie Pacheco sets up special type dye of brilliant color for dying "Pysanky" eggs. On the branches in the center of the table are completed examples of an ancient Ukranian tradition, considered witchcraft.

-Story and photos by Melissa Adams-

By Anne Poore Los Alamos Bureau

It appeared that a session in witchcraft was in progress at the Los Alamos Community Center recently

People were sitting around a table which was covered with a strange assortment of items. Prominently featured were boxes of eggs.

Each person was working diligently, bent over a lighted candle.

In a sense, it was wit-cheraft, but of the helpful variety. Making Ukrainian decorated eggs is an ancient custom believed to ward off

custom believed to ward on evil from the world.

Connie Pacheco gave the workshop on how to decorate eggs. She said that she learned the technique and traditions from fellow Los Alamosan Stephanie Sydoriak who is a native Ukranian. Mrs. Pacheco toid those at the workshop that the art of making the decorated eggs originated in the Ukraine centuries ago. The eggs are called "Pysanky." Ukrainians believe that as long as pysanky continue to be made, the world will exist.

If the custom should cease, evil would encompass the world.

She informed the group that designs on the eggs have a meaning. They are not simply geometric or life forms

forms.

Connecting lines symbolize eternity, a reindeer means prosperity, hens and roosters signify fertility and suns mean good fortune.

Symbols with older pagan meanings took on Christian meanings took on Christian

meanings when Russia was converted. Crosses stand for Christianity, a fish is Christ and a triangle signifies the Holy Trinity.

Eggs are not just decorated to look pretty, Mrs. Pacheco explained, but tell a story or convey a

but tell a story or convey a message.
She said that Ukrai nians give decorated eggs much as we would a card or a gift with a particular message.
The eggs can be displayed in many ways Fither a

in many ways. Either a purchased stand or one fabricated out of cardboard and painted will serve the

mrs. Pacheco hangs hers from a thread. At the workshop, decorated eggs had been hung suspended from an attractive piece of wood.

wood.

They could be used this way as Christmas tree ornaments, although they are quite fragile. Mrs. Pacheco inserts a small piece cut from a toothpick into a hole at the end of the egg. It has a thread tied around the middle.

The technique for decorating and dying the eggs is similar to that used for batik. Supplies are available at art stores or through a specialty house called SURMA, 11 E 7th St., New York N.Y., 1110003.

Whole, raw eggs are completely decorated and then varnished. The varnish gives them a sheen and protects the colors from running.

running.

After the varnish has dried, tiny holes are punched at either end of the egg. The raw egg can then be blown out of one of the holes. Mrs. Pacheco finds it easier to blow out the yolk if she sticks a needle into the egg to break the yolk before blowing.

egg to break the yolk before blowing.

Decorations are not painted onto the egg, as it might appear. Using melted beeswax, areas which are to be left white are covered. A fine tip pen heated in a

candle flame is used to apply it.

The egg is then sub-

apply it.

The egg is then submerged in a special type dye, made for its brilliant color. Again, areas to be left that color are coated with the melted wax and the egg is put into another color dye.

ine metted wax and the egg is put into another color dye.

Mrs. Pacheco told her pysanka makers always to go from white, to light colors, to darker.

The egg will have a coating of beeswax over much of its surface by the time the last coat of dye has been used. Tradition demands a laborious process of holding the egg near the candle flame to soften the wax and then wiping it off section by section until all the wax has been removed.

Mrs. Pacheco admits to using a non-traditional but fast method. Turpentine, dry cleaning fluid, paint

thinner or lighter fluid takes off the wax easily. It is applied with tissue and the wax wipes off onto the tissue. She recommends good ventilation for the

As the wax layers peel off, the brilliant colors and designs emerge. Mrs. Pacheco recommends these time-consuming but unique decorated Ukrainian eggs for gifts at any time of the year.

Annual party in Los Alamos celebrates Ukrainian heritage

by Anna Chopek

LOS ALAMOS, N.M. – A gathering of about 30 Ukrainians came for their annual party here in the high moustains of Los Alamos, N.M., on October 1. The party took place on the patio of Stephanie Chopek Sydoriak's home. The menu of borsch, paska, pyrohy, holubtsi, kovbasa, and xhrin has been the common bond in bringing this group together since 1978.

Hew of the attendees have both parents of Ukrainian



Stephanie Chopek Sydoriak and Anna Chopek.

origin. Most had either one Ukrainian parent, or perhaps a Ukrainian grandmother or grandfather, but they all remember the good Ukrainian food of their youth.

They enjoy the sight of the costumes that some of the guests wear, and the videos on Ukrainian subjects that have been shown over the years. Displays have included Easter eggs, embroidery and copies of The Ukrainian Weekly and the Svoboda.

Los Alamos, a scenic mountain town built around the National Scientific Laboratory, is a small one, home to only 18,000 people. However, it has more Ph.D.'s per capita than any other town in the United States.

When this writer's brother-in-law and sister, Dr. Stephen Sydoriak, and his wife, Stephanie, came here in 1948, they found only one other person of Ukrainian origin: Mary Jane Drozdiak.

Over the years other Ukrainians came into the town, among them, me and our mother from Boston, and soon afterwards, Steve's sister, Helene Sydoriak Haire.

Soon a core group, including Dr. Ihor and Ulana Bohachevski, Dr. Peter Gary (Garanovich), Dr. Walter Lysenko, Dr. John Bzdil and Gloria (Evanitski) Sharp and Eugene Kovalenko, was formed and the annual party got under way.

The search continued for other Ukrainians, with the phone book as an important tool. For example, when I saw the name Lissoway, I called and asked him the gentleman if he was Ukrainian. I thought it sounded like a Ukrainian word for forester or someone who worked in the woods. He said yes, his father was Ukrainian, he worked with the Park Service and did indeed work in the woods.

Others were found in a variety ways. Some called because of the annual Ukrainian Easter egg (pysanka) classes at the senior center taught by my sister and me, and my niece, Katherin Lawrence. Others came to the Ukrainian Easter blessing of the baskets that Stephanie and I had initiated at the local Catholic Church.

The most unlikely find of all was Doug MacDonald, the fire chief in Los Alamos. I met him at a county meeting and, as people do in Los Alamos, I asked him where he came from before he came here. Western Canada, he answered. I said there were lots of Ukrainians there, and asked if he knew any. He said his mother was Ukrainian, and they had lived in his grandmother's house. He had done Ukrainian dancing in his youth, and enjoyed his grandmother's cooking, especially pyrohy. He was very happy to join our group. He



Doug McDonald, Los Alamos fire chief, helps Anna Chopek with the pyrohy.

helps me boil the pyrohy every year

Ukrainians, like Andrew Rakoczi, came 40 miles from Santa Fe, while others like Dr. Dmytro Bodnarczuk and Drs. Stephen and Theodore Mackiw came from Albuquerque, which is about 100 miles away.

Though small in number, this little Ukrainian outpost in northern New Mexico continues to celebrate its rich and colorful heritage.

Want to see your name in print?

Then why not become a correspondent of The Ukrainian Weekly in your community?

We welcome submissions from all our Ukrainian communities, no matter where they are located. Let the rest of us know what you're up to in your corner of the Ukrainian diaspora!

Any questions? Call The Weekly, 973-292-9800, ext. 3049

Exhibit in New Mexico 12/7/

'Hurry, hurry, hurry, to see the beautiful exhibits of Ukrainian folk art in the lobby!" This was the lead line in last month's library column in the Santa Fe New Mexican.

The exhibit was from the collection of Dr. and Mrs. Stephen Sydoriak of Los Alamos, New Mexico, and featured costumes, embroideries. Easter eggs, wood carvings and books on Ukraine, its history, literature, music and dancing. Each craft and costume was described and the customs connected with them were explained.

Childhood Skill

Dr. Sydoriak is the son of the late Rev. and Mrs. Eustace Sydoriak. The embroideries, along with a part of the vast collection of patterns, came to him from his mother. She had spent her life embroidering liturgical garments and altar cloths, as well as home articles and costumes.

The Easter eggs in the exhibit were primarily the work of Dr. and Mrs. Sydoriak's children.

Mrs. Sydoriak, formerly Stephanie Chopek of Boston. and sister of Anna Chonek. Supreme Advisor of the UNA. learned the art of decorating Ukrainian Easter eggs as a

LOS ALAMOS, N. Mex. - 1 young girl and has taught this art to all six of her children. She has also given many demonstrations and exhibits to various clubs and schools in Los Alamos.

> In this remote but beautiful State of New Mexico, known as the land of enchantment, where Ukrainian families can be counted on the fingers of one hand, it was a strange coincidence indeed that during the time of the exhibit, a well known Ukrainian author of many children's books with Ukrainian backgrounds, and translator of Ukrainian fairy tales, Mrs. Marie Halun-Bloch, should decide to visit the library.

She was pleasantly surprised to find a Ukrainian exhibit in progress and, of course, called the Sydoriaks. As a result an enjoyable acquaintance was struck up. Mrs. Bloch revealed that she has a new book about to be published concerning a young Princess Olya.

To Replenish Supply

When the exhibit was taken down, the librarians rereported many favorable comments, and many requests for books about Ukraine were made. The librarians hope to rectify their st supply of books on Ukraine before long.

UKRAINIAN WEEK AT BETTY EHART SENIOR CENTER MARCH 6-10,2006



"PYSANKY" WITH ANNA CHOPEK, WED., MARCH 8, 9:30-11:30 AM, ALL AGES WELCOME

Learn to make traditional Ukrainian Easter Eggs

Bring a small candle (not votive) and holder

Suggested donation \$5.00

Register by calling 662-8920



Stephanie Sydoriak and Anna Chopek

- FRIDAY, MARCH 10, 9:30 AM, Presentation on the Politics, People and Culture of the Ukraine
- 11:30 AM TRADITIONAL UKRAINIAN LUNCH of Kobasa, Cabbage Rolls, Pickled Beets and Honey Cake
- 1:00 PM UKRAINIAN MOVIE Scenic tour of the Ukraine with a focus on the Carpathian Mountains, the people and cultural events of the region

FRIDAY, MARCH 10,

7:00 PM

Join us for an evening of dancing, discussion and celebration followed by traditional Ukrainian refreshments



"Planina Dancers"

The evening will begin with a traditional Welcoming Ceremony led by Ulana Kebalo George, followed by a discussion

of its origins led by Anna Chopek. Stephanie Sydoriak will follow with a presentation on folk art, culture, and liturgical music of the region

Great Room of Betty
Ehart Senior Center
Suggested donation
\$5.00
Students admitted free

An exhibit of arts, crafts and fabric will be featured in the display cases on the second floor throughout the week.

Questions? Call 662-8920

Del Dyche Program Development BESC

